

# World T'ai Chi Day



# Celebration



**"One Breath.....One World"**



A group Meditation for World Peace & Awareness of T'ai Chi and Qigong

**Saturday April 28, 2018**

**10:00-11:30am**

**Four Rivers Charter Public School**

(248 Colrain Road, Greenfield, MA- Field)

**Rain or Shine!**

**FREE T'ai Chi Ch'uan Classes leading up to the event @JRROYMA**

Saturday, 4/21 8-9:30am & Wednesday, 4/25 5:30-6:30pm



**Donations will be accepted for DIAL/SELF Youth & Community Services**

**"Our community's unique program for homeless young people and teens in need"**

"Every county should be offering the kind of programs, to teens (11-24) that DIAL/SELF offers: Affordable housing for teens in need and emergency housing for teens in distress - many, many on-going education and mentoring programs that teach teens 'How to live and work on your own' skills - counseling - support - with many individual sites throughout Franklin County, I took the DIAL/SELF "virtual tour" and I was amazed to learn that: There is only one DIAL/SELF and that it is unique to our community. We are all so lucky to have DIAL/SELF programs."

~Richard Roy



**J. R. Roy Martial Arts**

1 Osgood Street, Greenfield, MA

Contact Sensei Jeff Chaisson @ [www.jrroy.com](http://www.jrroy.com)

Or call 413-774-2888

**Event and free classes are appropriate for all skill levels!**